







April 2018 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>01</p> <p>1:00 – Sunday Movie Matinee (C 216)</p> <p>3:30 – Interdenominational Service / Communion (A 109)</p> <p>HAPPY EASTER DINNER!!</p> <p>April Fool's Day!!</p>	<p>02</p> <p>10:00- Chair Yoga (A 109) 11:15 - I Love Lucy (A 109) 1:00- Movie Matinee (A 109) 1:30 - Spiritual Care with Rev. Dan 2:30 – Social Hour (A 101) 6:15- Movie Matinee (A 109)</p>	<p>03</p> <p>10:00 – Laughing Yoga (A 109) 1:45 – Music Therapy Exercise (Memory Care) 2:30 – Social Hour (A 101) 6:15 – BINGO NIGHT (A 109)</p>	<p>04</p> <p>10:00- I Love Lucy (A 109) 11:15 – Coffee/Tea and Reminiscence Group (A 109) 2:30 – Happy Hour (A 101) 4:00-Qi Gong (A 109) 6:15- Movie Matinee (A 109)</p>	<p>05</p> <p>10:00 – City Market Outing (A 101) 10:00- I Love Lucy (A 109) 11:15 – Art Group (A 114) 1:00- Intergenerational Program (A 109) 2:30 – Social Hour (A 101) 4:00- VAIL BRAVO PERFORMANCE (A 109) 6:15 – BINGO NIGHT (A 109)</p>	<p>06</p> <p>10:00 – Exercise training (A 109) 11:15- Crossword Puzzles (A 101) 1:00 – Walking Group 2:30 – Social Hour (A 101) 6:15- Movie Matinee (A 109)</p>	<p>07</p> <p>10:00 – Pilates DVD (A 109) 11:00- I Love Lucy (A 109) 2:30 – Happy Hour w/ Linda on Piano (C 216) 6:15 – BINGO (A 109)</p>
<p>08</p> <p>1:00 – Sunday Movie Matinee (C 216)</p> <p>3:30 – Interdenominational Service (A 109)</p>	<p>09</p> <p>10:00- Chair Yoga (A 109) 11:15 – Canvas Painting (A 114) 1:00- Movie Matinee (A 109) 1:30 - Spiritual Care with Pastor Austin 2:30 – Social Hour (A 101) 6:15- Movie Matinee (C 216)</p>	<p>10</p> <p>10:00 – Mindful Meditation (A 109) 11:00- Intergenerational Program (A 109) 1:45 – Music Therapy Exercise (Memory Care) 2:30 – Social Hour (A 101) 6:15 – BINGO NIGHT (A 109)</p>	<p>11</p> <p>10:00- I Love Lucy (A 109) 11:15 – Coffee/Tea and Reminiscence Group (A 109) 12:00- PICNIC LUNCH 2:30 – Happy Hour (A 101) 4:00-Qi Gong (A 109) 6:15- Movie Matinee (A 109)</p>	<p>12</p> <p>10:00 – Exercise Essentials for Better Balance (A 109) 10:00- I Love Lucy (A 109) 11:15 – Art Group (A 114) 1:00- LENKAS ART CLASS 2:30 – Social Hour (A 101) 6:15 – BINGO NIGHT (A 109)</p>	<p>13</p> <p>10:00 – Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:00 – Brain Games (A 101) 2:30 – Social Hour (A 101) 6:15- Movie Matinee (A 109)</p>	<p>14</p> <p>10:00 – Reiki (A 109) 11:00- Pilates DVD (A 109) 2:30 – Happy Hour w/ Linda on the piano (C 216) 6:15 – BINGO (A 109)</p>
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April 2018 Health Center

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 <p>01</p> <p>1:00 – Sunday Movie Matinee (C 216)</p> <p>3:30 – Interdenominational Service / Communion (A 109)</p> <p>HAPPY EASTER DINNER!!</p> <p>April Fool's Day!!</p>	<p>02</p> <p>10:00- Chair Yoga (A 109) 11:15 – I Love Lucy (A 109) 1:00- Movie Matinee (C 216) 1:30 - Spiritual Care with Rev. Dan 2:30 – Social Hour (C 216) 6:15- Movie Matinee (C 216)</p>	<p>03</p> <p>10:00 – Laughing Yoga (A 109) 1:45 – Music Therapy Exercise (Memory Care) 2:30 – Social Hour Piano (C 216) 6:15 – BINGO NIGHT (A 109)</p>	<p>04</p> <p>10:00- Andy Griffith (C 216) 11:15 – Coffee/Tea and Reminiscence Group (A 109) 2:30 – Happy Hour Piano (C 216) 4:00-Qi Gong (A 109) 6:15- Movie Matinee (C 216)</p>	<p>05</p> <p>10:00 – City Market Outing (A 101) 10:00- Andy Griffith (C 216) 11:15 – Art Group (A 114) 1:00- Intergenerational Program (A 109) 2:30 – Social Hour Piano (C 216) 4:00- VAIL BRAVO PERFORMANCE (A 109) 6:15 – BINGO NIGHT (A 109)</p>	<p>06</p> <p>10:00 – Exercise training (A 109) 11:15- Crossword Puzzles (A 101) 1:00 – Hand Massages/Manicures (C 216) 2:30 – Social Hour (C 216) 6:15- Movie Matinee (C 216)</p>	<p>07</p> <p>10:00 – Homemaker Hour 11:00- I Love Lucy (Memory Care) 2:30 – Happy Hour w/ Linda on Piano (C 216) 6:15 – BINGO (A 109)</p>
<p>08</p> <p>1:00 – Sunday Movie Matinee (C 216)</p> <p>3:30 – Interdenominational Service (A 109)</p>	<p>09</p> <p>10:00- Chair Yoga (A 109) 11:15 – Canvas Painting (A 114) 1:00- Movie Matinee (C 216) 1:30 - Spiritual Care with Pastor Austin 2:30 – Social Hour (C 216) 6:15- Movie Matinee (C 216)</p>	<p>10</p> <p>10:00 – Mindful Meditation (A 109) 11:00- Intergenerational Program (A 109) 1:45 – Music Therapy Exercise (Memory Care) 2:30 – Social Hour Piano (C 216) 6:15 – BINGO NIGHT (A 109)</p>	<p>11</p> <p>10:00- Andy Griffith (C 216) 11:15 – Coffee/Tea and Reminiscence Group (A 109) 12:00- PICNIC LUNCH 1:30- Bible Study (A 109) 2:30 – Happy Hour Piano (C 216) 4:00-Qi Gong (A 109) 6:15- Movie Matinee (C 216)</p>	<p>12</p> <p>10:00 – Exercise Essentials for Better Balance (A 109) 10:00- Andy Griffith (C 216) 11:15 – Art Group (A 114) 1:00- LENKAS ART CLASS 2:30 – Social Hour (C 216) 6:15 – BINGO NIGHT (A 109)</p>	<p>13</p> <p>10:00 – Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:00 – Brain Games (A 101) 2:30 – Social Hour (C 216) 6:15- Movie Matinee (C 216)</p>	<p>14</p> <p>10:00 – Reiki (A 109) 11:00- I Love Lucy (Memory Care) 2:30 – Happy Hour w/ Linda on the piano (C 216) 6:15 – BINGO (A 109)</p>
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