





# August 2018 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
			10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (A 109) 2:30 - Happy Hour (A 109) 6:30 - Movie Matinee (A 109)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:30 - Walk Group (A 101) 2:30 - Social Hour (A 109) 6:30- Movie Matinee (A 109)	10:00 - Reiki (A 109) 11:00- Pilates DVD (A 109) 2:30 - Happy Hour (A 109) 3:30 - BINGO (A 109)
<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
1:30 - Sunday Movie Matinee (A 109)  3:30 - Interdenominational Service (A 109)	10:00- Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 6:30- Movie Matinee (A 109)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 1:00 - City Market Outing (A 101) 2:30 - Social Hour (A 109) 6:30 - BINGO (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (A 109) 2:30 - Happy Hour (A 109) 6:30- Movie Matinee (A 109)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:30 - Walk Group (A 101) 2:30 - Social Hour (A 109) 6:30- Movie Matinee (A 109)	10:00- Pilates DVD (A 109) 11:15 - I Love Lucy (C 216) 2:15 - Happy Hour (A 109) 3:30 - BINGO (A 109)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
1:30 - Sunday Movie Matinee (A 109)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Wal-Mart Outing 2:30 - Social Hour (A 109) 6:30- Movie Matinee (C 216)	10:00 - Laughing Yoga (A 109) 10:30- Adult Coloring (A 114) 1:00- Donation Group (A 114) 2:30 - Social Hour 6:30 - BINGO (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (A 109) 2:30 - Happy Hour (A 109) 6:30 - Movie Matinee (A 109)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:30 - Walk Group (A 101) 2:30 - Social Hour (A 109) 6:30 - Movie Matinee (A 109)	10:00 - Reiki (A 109) 11:00- Pilates DVD (A 109) 2:30 - Happy Hour (A 109) 3:30- BINGO (A 109)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
1:30 - Sunday Movie Matinee (A 109)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 10:30- SENIORS WESTERN LUNCHEON OUTING 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 6:30- Movie Matinee (A 109)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 1:30 - City Market Outing (A 101) 2:30 - Social Hour (A 109) 6:30 - BINGO (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (A 109) 2:00- ROOT BEER FLOAT Resident Council Meeting (A 114) 2:30 - Happy Hour (A 109) 6:30- Movie Matinee (A 109)	10:00- Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:30 - GRAND AVE CHILL OUTING (BRING MONEY) 2:30 - Social Hour (A 109) 6:30 - Movie Matinee (A 109)	10:00- Pilates DVD (A 109) 11:15 - I Love Lucy (C 216) 2:30 - Happy Hour (A 109) 3:30 - BINGO (A 109)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
1:30 - Sunday Movie Matinee (A 09)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 2:30 - Social Hour (A 109) 6:30- Movie Matinee (A 109)	10:00 - Laughing Yoga (A 109) 10:30- Adult Coloring (A 114) 1:00- Donation Group (A 114) 2:30 - Social Hour (A 109) 6:30 - BINGO (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (A 109) 2:30 - Happy Hour (A 109) 6:30- Movie Matinee (A 109)	10:00- Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:30- Movie Matinee (A 109) 2:30 - Social Hour (A 109) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (A 101) 1:30 - Walk Group (A 101) 2:30 - Social Hour (A 109) 6:30 - Movie Matinee (A 109)	



\*PLEASE NOTE: Schedule is subject to change.

# August 2018 Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
			10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 -Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30- Courtyard Group 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Reiki (A 109) 11:00- Pilates DVD (C 216) 2:15 - Happy Hour (C 216) 3:30- BINGO (A 109)
<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00- Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 1:00 - City Market Outing (A 101) 2:15 - Social Hour (C 216) 6:30 - BINGO NIGHT (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 - Bingo Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 5:00 BEAVER CREEK MUSIC OUTING 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - Courtyard Group 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Exercise DVD (C 216) 11:15 - I Love Lucy (C 216) 2:15 - Happy Hour (C 216) 3:30 - BINGO (A 109)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Wal-Mart Outing 2:15 - Social Hour (A 109) 7:00- Movie Matinee (C 216)	10:00 - Laughing Yoga (A 109) 10:30- Adult Coloring (A 114) 1:00- Donation Group (A 114) 2:15 - Social Hour(C 216) 6:30 - BINGO NIGHT (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 -Happy Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - Courtyard Group 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Reiki (A 109) 11:00- Pilates DVD (C 216) 2:15 - Happy Hour (C 216) 3:30- BINGO (A 109)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 1:30 - City Market Outing (A 101) 2:15 - Social Hour (C 216) 3:00- ROOT BEER FLOAT Resident Council Meeting (C 216) 6:30 - BINGO Night (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 - Bingo Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00- Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - GRAND AVE CHILL OUTING (BRING MONEY) 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Exercise DVD (C 216) 11:15 - I Love Lucy (C 216) 2:15 - Happy Hour (C 216) 3:30 - BINGO (A 109)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Laughing Yoga (A 109) 10:30- Adult Coloring (A 114) 1:00- Donation Group (A 114) 2:15 - Social Hour (C 216) 6:30 - BINGO Night (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 - Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00- Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - Courtyard Group 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	

\*PLEASE NOTE: Schedule is subject to change.

# August 2018 Short Term

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
			10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 -Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30- Courtyard Group 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Reiki (A 109) 11:00- Pilates DVD (C 216) 2:15 - Happy Hour (C 216) 3:30- BINGO (A 109)
<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00- Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 2:15 - Social Hour (C 216) 6:30 - BINGO NIGHT (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 - Bingo Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - Courtyard Group 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Exercise DVD (C 216) 11:15 - I Love Lucy (C 216) 2:15 - Happy Hour (C 216) 3:30 - BINGO (A 109)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 2:15 - Social Hour (A 109) 7:00- Movie Matinee (C 216)	10:00 - Laughing Yoga (A 109) 10:30- Adult Coloring (A 114) 1:00- Donation Group (A 114) 2:15 - Social Hour(C 216) 6:30 - BINGO NIGHT (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 -Happy Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour Piano (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 1:30 - Courtyard Group 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Reiki (A 109) 11:00- Pilates DVD (C 216) 2:15 - Happy Hour (C 216) 3:30- BINGO (A 109)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
1:30 - Sunday Movie Matinee (C 216)  3:30 - Interdenominational Service (A 109)	10:00 - Exercise Essentials for Better Balance (A 109) 11:15 - Flower Arrangement (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 7:00- Movie Matinee (C 216)	10:00 - Active Stretching (A 109) 10:30- Mindful Meditation (A 109) 2:15 - Social Hour (C 216) 6:30 - BINGO Night (A 109)	10:00-Qi Gong (A 109) 11:15 - Coffee/Tea Patio Chat (C 216) 2:15 - Bingo Happy Hour (C 216) 7:00- Movie Matinee (C 216)	10:00- Chair Yoga (A 109) 11:15 - Art Group (A 114) 1:00- Movie Matinee (C 216) 2:15 - Social Hour (C 216) 3:30- Spiritual Care with Pastor Austin 6:30 - BINGO NIGHT (A 109)	10:00 - Exercise training (A 109) 11:15- Word Search Puzzles (C 216) 2:15 - Social Hour (C 216) 7:00 - Movie Matinee (C 216)	10:00 - Exercise DVD (C 216) 11:15 - I Love Lucy (C 216) 2:15 - Happy Hour (C 216) 3:30 - BINGO (A 109)
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\*PLEASE NOTE: Schedule is subject to change.

# August Calendar Memory Care

Weekly Activity Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Morning Groups:</u> Exercise Beauty/Barber Shop	<u>Morning Groups:</u> Exercise Beauty/Barber Shop	<u>Morning Groups:</u> Exercise Beauty/Barber Shop	<u>Morning Groups:</u> Exercise/ Calendar Update Beauty/Barber Shop	<u>Morning Groups:</u> Exercise Beauty/Barber Shop	<u>Morning Groups:</u> Exercise Beauty/Barber Shop	<u>Morning Groups:</u> Exercise Beauty/ Barber Shop
<u>Afternoon Groups:</u> Bingo Work Group Walk Group Hymn Sing	<u>Afternoon Groups:</u> Bingo Work Group Walk Group <b>Reminiscing:</b> 1 <sup>st</sup> Center Pieces 2 <sup>nd</sup> Center Pieces 3 <sup>rd</sup> Center Pieces 4 <sup>th</sup> Center Pieces 5 <sup>th</sup> Center Pieces	<u>Afternoon Groups:</u> Bingo Work Group Walk Group <b>Reminiscing:</b> 1 <sup>st</sup> Eldersong I 2 <sup>nd</sup> Parachute Activity 3 <sup>rd</sup> Eldersong III 4 <sup>th</sup> Wedding 5 <sup>th</sup> Table Top Bowling	<u>Afternoon Groups:</u> Bingo Work Group Walk group <b>Reminiscing:</b> 1 <sup>st</sup> Fishing 2Chocolate Chip Cookies 3 <sup>rd</sup> Spa Day 4Oatmeal Raisin Cookies 5 <sup>th</sup> School Days	<u>Afternoon Groups:</u> Bingo Work Group Walk Group <b>Reminiscing:</b> 1 <sup>st</sup> Complete the Phrase 2 <sup>nd</sup> Penny Ante 3 <sup>rd</sup> Guess the Object 4 <sup>th</sup> Table Top Bowling 5 <sup>th</sup> 1-2-3 Fish	<u>Afternoon Groups:</u> Bingo Work Group Walk Group <b>Reminiscing:</b> 1 <sup>st</sup> Summer 2 <sup>nd</sup> Lemonade 3 <sup>rd</sup> Sand 4 <sup>th</sup> Ice Cream Tasting 5 <sup>th</sup> Hollywood Musicals	<u>Afternoon Groups:</u> Bingo Work Group Walk Group <b>Entertainment:</b> 2:00 Linda on Piano
<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Time Walk Group Sing-a-long	<u>Evening Groups:</u> Music Shows of our Ti Walk Group Sing-a-long
Miscellaneous & Special Events						
<u>Entertainment:</u> Ruth on Piano at 2:00 August 2 <sup>nd</sup> , 16 <sup>th</sup> ,23 <sup>rd</sup> , & 30 <sup>th</sup>	<u>Interdenominational Service:</u> Every Thursday at 3:00pm-3:30pm	<u>Happy Birthday to:</u>				

Family and Friends are welcome to join us. Calendar is subject to change.